Speaker Line-Up - September 11 - 13, 2015

Friday, September 11, 2015
2:00 PM - 4:30 PM - Registration
5:00 PM - 6:00 PM - John McDougall, MD - Introduction
6:00 PM - 7:00 PM - Dinner
7:15 PM - 8:30 PM - Kim Williams, MD - Diet and CV Disease: What is the Evidence?

Saturday, September 12, 2015
6:30 AM - 7:00 AM - Optional Lab Tests - Lobby Boardroom
6:30 AM - 7:45 AM - Breakfast
8:00 AM - 9:15 AM - Garth Davis, MD - Proteinaholic: How Our Obsession with Protein is Killing Us
9:30 AM - 10:45 AM - Joel Kahn, MD - The Miracle of Heart Disease Reversal with Diet
11:00 AM - 12:15 PM - Michael Greger, MD - Food as Medicine: Preventing and Treating Disease with Diet
12:15 PM - 1:30 PM - Lunch
1:45 PM - 3:00 PM - Chef AJ - From Fat Vegan to Skinny Bitch
3:15 PM - 4:30 PM - Luigi Fontana, MD - Promoting Health and Longevity through Diet: Metabolic and Molecular Mechanisms
4:45 PM - 6:00 PM - Dan Buettner - Blue Zones: Secrets of a Long Life
6:00 PM - 7:00 PM - Dinner
7:15 PM - 8:15 PM - Dan Piraro - What’s Funny About Food
Sunday, September 13, 2015

6:30 AM - 7:45 AM - Breakfast
8:00 AM - 9:15 AM - Michael Klaper, MD - Thriving on a Plant-Based Diet: Avoiding Nutritional Pitfalls While Optimizing Your Health
9:30 AM - 10:45 AM - Michael Wilkes, MD - Clinical Decisions and Shared Decision Making
11:00 AM - 12:15 PM - Hans Diehl, PhD - Forks and Knives: Weapons of Mass Destruction, or Instruments of Hope, Health and Healing?
12:15 PM - 1:15 PM - Lunch
1:30 PM - 2:30 PM - John McDougall, MD - The Extremes of Human Nutrition
2:45 PM - 3:45 PM - Doug Lisle, PhD - Esteem Dynamics: The Happiness Business, the Guru, and the Grit Mine
3:45 PM - 4:00 PM - John McDougall, MD - Concluding Remarks