



THE MCDUGALL NEWSLETTER | *It's the food.*



Independently Teach Others Become Certified in the Starch Solution

EASY SIGN UP

My (Dr. John McDougall's) most important professional goal in life is to change the world to a better place for my children and grandchildren and to heal multitudes of sickness along the way. But, I need your help. Please join me in teaching others the simple Starch Solution.

Many of you have tried to help others by sharing the McDougall books and videos with friends and family. You have shared with members of your church, schools, and clubs. As a result, you have changed their lives forever and in return you have experienced endearing gratitude. Let's take this one big step further. After successful completion of the course, I will provide you with the following valuable teaching tools*:

1) **The 19 lectures streamed.** The presentations from the certification course are yours to use as teaching aides. Stream them from my web site to your students at the live classes you teach. No extra charge.

2) **The 19 lectures on DVD.** The presentations will also be available on a set of DVDs for only certified instructors to use as teaching aids. There is an additional charge of \$50 for a set of 4 DVDs. (Plus S&H)

3) **A lesson plan.** You can design your own lesson plan for your classes. However, I will provide you with example lesson plans for a series of classes. Included are suggested recipes that you can prepare during classes for your students, and recommendations for field trips to local markets and restaurants.

4) **Scientific research papers.** Original research supporting the class materials will be provided to you as PDF files whenever possible (with copyright limitations respected).

5) **Short articles on major diseases.** These guidelines will be provided to certified instructors to refer your students to so that they can more easily work with their private medical doctors. (Such as people with obesity, diabetes, hypertension, heart disease, arthritis, etc.)

6) **You can charge for your classes.** Certified instructors will be working independently. You will not be employed by or in any way affiliated with Dr. McDougall or the McDougall Program. Therefore, any charge for your classes is yours to cover expenses and profit.

7) **Advertise yourself to 60,000 people free.** If you choose, then I will list you on my website (and in other ways) as being certified in The Starch Solution with your contact information.

* The preceding offers are subject to change without notice.

Sign up for the classes now at the introductory price of \$565 (Regular Price: \$795).

