

THE MCDUGALL NEWSLETTER | *It's the food.*

## Report from the September 2011 Advanced Study Weekend

Over 200 people attended this biannual McDougall event in Santa Rosa, California, and more than 400 watched it “almost live” over the Internet. Anthropologist, Nathaniel Dominy, PhD, called human beings “starchivores,” like cats are carnivores and horses are herbivores. The weekend highlighted many of my mentors upon whom I rely for the medical healings I share with you. Dr. Rosati talked about Walter Kempner, MD founder of the Rice Diet. Dr. Vogel is a protégée of Nathan Pritikin, and Dr. Bourdette now heads the neurology department of my multiple sclerosis teacher, Roy Swank, MD. Attendees had their favorite presenters. This was a weekend not to have been missed. Fortunately, you can still [watch the entire weekend](#) at your leisure over the Internet.

Sign up Now for the  
February 17-19, 2012 Advanced Study  
Weekend

Before It Sells Out!

**EASY REGISTRATION**

Scheduled Guest Speakers for the February 17-19, 2012 Advanced Study Weekend:

[Joel Fuhrman, MD](#)—Public speaker and author of books including *Eat to Live*.

[Kathy Freston](#)—Author of the *Veganist*. She promotes a body/mind/spirit approach to health and happiness.

[John Abramson, MD](#)—Author of *Overdo\$ed America*. He campaigns against overuse of statins.

[Melanie Joy, Ph.D., Ed.M.](#) is the author of the acclaimed *Why We Love Dogs, Eat Pigs, and Wear Cows*.

Michael Klaper, MD—author of *Pregnancy, Children, and the Vegan Diet*.

[Michael Greger, MD](#)—Author and Director, Public Health and Animal Agriculture, the Humane Society of the United States.

The September 2011 Advanced Study Weekend  
can still be watched in its entirety via the Internet.

**ORDER SEPT 2011 BROADCAST**