

# Report on the Celebrity Chef Weekend of June 27 to 29, 2008

Nearly 100 people attended the third annual celebrity chef weekend. They ate and they ate as expert chefs from around the country dished out humor, education, and their most cherished dishes. The food was all low-fat vegan. How very interesting and friendly the people are who attend our conferences, and how much they can eat without gaining an ounce of weight always surprise us.

Look in this month's newsletter recipe section and the months that follow for recipe contributions from each of our celebrity chefs.

The McDougall Newsletter

View the slide show of this event

Photos by Scott Hurlbert.

### Celebrity Chef 2008 Recipes

#### **Kevin Dunn**

Tempeh Reuben Sandwich with Whole Grain Mustard Cheese

Baked Eggplant Tian

Lasagna alla Bolognese

Shabu Shabu with Marinated Tofu and vegetables

Ishi Yaki-Grilled on a Rock

Miso Soup

Cucumber and Wakame Seaweed Salad

#### Bryanna Clark Grogan

Chai-Spiced Oat Crepes with Grilled Nectarines and Almond Ricotta

Italian Scrapple (Polenta, Bean and Kale Slices) with Brown Gravy

Crispy White Bean and Oat Waffles with Banana and Strawberry Topping

Orange-Rosemary White Bean Pot

Sundried Tomato Polenta Rounds with Braised Kale, Onions, Beans and Mushrooms

Red Lentil, Bulgur, and Dried Fruit Salad Rolls with Creamy Basil and Garlic Dressing

Hummus, re-visited

#### **Eric Tucker**

Gazpacho Verde

Vietnamese Tofu Shiitake and Rice Stuffed Grape Leaves

Baby Artichokes, Gigante Beans and Summer Vegetable Cartoccio with Creamy Polenta

Miyoko Schinner

Chilled Ginger Yuba Chikin

Creamy Japanese Sesame Dressing

Fat-Free Karei-Rice

Jellied Peach Jewels

Fresh Figs Stewed in Red Wine

#### Colleen Patrick-Goudreau

Muhammara (Roasted Red Pepper and Walnut Spread)

Spicy Southwestern Tofu Burgers

No-Bake Chocolate Peanut Butter Pie

#### Jill Nussinow

Mexican-Spiced Summer Squash

Sparkling Jewel Salad

Braised Sesame Ginger Mushrooms

Middle Eastern Garbanzo Salad

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Susan Voisin

Easy Macaroni and Cheeze

Smoky Refried Bean Soup

Skillet Gardener's Pie

Banana Coffee Cake

## Mary McDougall

Tofu Tacos

McVeggie Burgers

Potato Salad

Baked Beans