

## Celebrity Chef Cooking Weekend\*

June 26 to 28, 2009

LECTURES WILL BE HELD IN THE **FLAMINGO ROOM**  
MEALS WILL BE SERVED IN THE **EMPIRE ROOM**

### **Friday, June 26th**

2:00 – 4:30 PM – Registration

5:00 – 6:00 PM – **John McDougall, MD**—The Starch Solution

6:00 – 7:00 PM – Dinner

7:00 PM – **Chef Kevin Dunn**—Gourmet Vegan Cooking by the Professor

### **Saturday, June 27th**

6:00 AM – Optional Lab Tests (results will be back by lunch time today)

6:30 – 8:00 AM – Breakfast

8:00 – 9:30 AM – **John McDougall, MD**—Salt and Sugar: The Two Scapegoats

9:45 – 11:15 AM – **Chef Abbie Jaye (AJ)**—The Singing Chef Cooks

11:30 – 1:00 PM – **Colleen Patrick-Goudreau**—Summertime Backyard Bites

1:00 – 2:00 PM – Lunch

2:00 – 3:30 PM – **Chef Fran Costigan**—Luscious Vegan Desserts

4:00 – 5:30 PM – **Emily Webber**—Elegant Summertime Entertaining

7:00 PM – **Chef Kevin Dunn**—Gourmet Vegan Cooking by the Professor

### **Sunday, June 28th**

7:00 – 8:00 AM – Breakfast

8:00 – 9:30 AM – **Chef Abbie Jaye (AJ)**— It Is Easy Being Green

9:45 – 11:15 AM – **Jill Nussinow, MS, RD**—The Veggie Queen Cooks

11:30 – 1:00 PM – **Emily Webber**—A Taste of the American Southwest

1:00 – 2:00 PM – Lunch

1:00 – 2:00 PM – *Check Out of Hotel*

2:00 – 3:30 PM – **Chef Fran Costigan**—More Luscious Vegan Desserts

3:30 – 4:00 PM – **John and Mary McDougall**—Closing Remarks

\* Schedule is Subject to Change and Improvement